

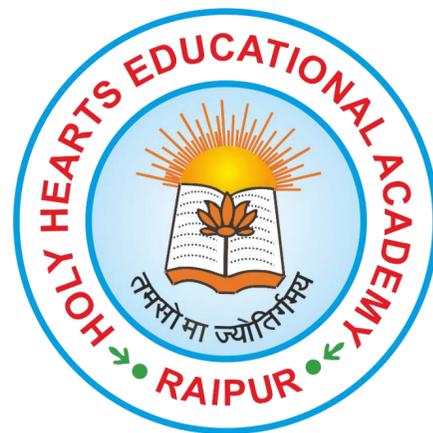
UNDER GUIDANCE OF CBSE



**HUM FIT TOH  
INDIA FIT**

**FIT INDIA SCHOOL  
WEEK 2021-22**

Proudly celebrated by :



**Holy Hearts Educational  
Academy, Raipur, (C.G.)  
CBSE Affiliation No. 3330080**

November-December 2021

# CERTIFICATE OF RECOGNITION

Congratulations to

## HOLY HEARTS EDUCATIONAL ACADEMY

for Successfully organising **Fit India School Week 2021**

14<sup>th</sup> Nov - 12<sup>th</sup> Dec 2021

# FIT INDIA SCHOOL WEEK

**P.T. EXERCISES IN ALL CLASSES.**



# **FIT INDIA SCHOOL WEEK**

## **POSTER MAKING COMPETITION**



# **FIT INDIA SCHOOL WEEK**

## **SESSION ON IMPORTANCE OF EAT RIGHT**



- **FIT INDIA SCHOOL WEEK**
- <https://play.google.com/store/apps/details?id=com.sai.fitIndia>
- <https://apps.apple.com/us/app/fit-india-mobile-app/id1581063890>

**LINK TO DOWNLOAD THE APP WAS SENT TO THE PARENTS – LT OF THEM DOWNLAODED AND ARE ENJOYING FITNESS**

# **FIT INDIA SCHOOL WEEK**

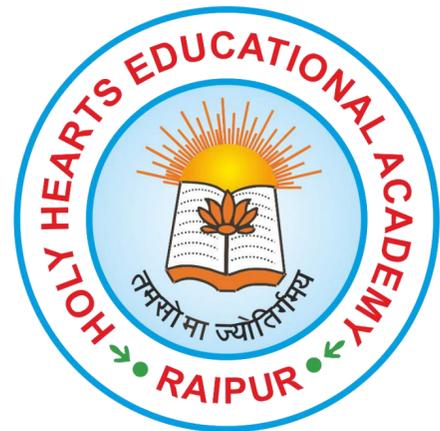
**YOGA AND MEDITATION IN ALL CLASSROOM.**



# **FIT INDIA SCHOOL WEEK**

## **PLEDGE OF FITNESS ON THE OCCASION OF AKAM**





WE HOLY HEARTIANS  
ARE PLEDGED TO BE FIT INSPIRE OTHERS ALSO



Compiled by Sports Deaprtment : Mr. Chandan Singh Mehra, Ms. Puja Deshmukh, Ms. Varsha Gurvekar, Mr. Paras Karade